

NINETEENTH SUNDAY AFTER PENTECOST

16 OCTOBER, 2022



8 AM & 10 AM EUCHARIST
IN-PERSON & ZOOM



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ST. HELEN'S (WEST POINT GREY)
ANGLICAN CHURCH OF CANADA
DIOCESE OF NEW WESTMINSTER
THE REVEREND LIZ HAMEL, INTERIM PRIEST-IN-CHARGE

Nineteenth Sunday after Pentecost– 16 October, 2022

8:00 am Eucharist

Book of Common Prayer, Page 67

Collect, Readings and Psalm - See 10 am Sung Eucharist

10:00 am Sung Eucharist

Prelude

The Gathering of the Community

Welcome

Celebrant In this time and place, we gather on the unceded ancestral lands of the Musqueam, Squamish and Tsleil-Waututh Nations.

All From many places and peoples we come to this house of prayer.

Celebrant In this time and place, we give thanks for the light of God that shines in the darkness.

All A light no darkness can quench.

Celebrant In this time and place, we give thanks for the light and peace of Jesus Christ the Word made flesh.

All The light of all people.

Celebrant In this time and place, we pray that the Spirit of God will be renewed in our hearts and minds.

All That we might be the light of God in the world.

Celebrant In this time and place, together, one people of God.

All In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.

Celebrant The grace of our Lord Jesus Christ,
And the love of God,
And the unity of the Holy Spirit
Be with you all.

All And also with you

Please rise as you are able

Opening Hymn Sing Praises Old and New

CP 469

1. Sing praises old and new,
past and present join in one.
Old covenants renew:
new commitments have begun.
God's soaring purpose spans
all ages, lives and lands.

Christ's open, wounded hands
past and present join in one.

2. Word, from the heart of God,
costly, unexpected grace;
Love, making all things good,
Light of all the human race;
hail, Wisdom, deep and vast,
shining in Israel's past,
raising the least and last:
costly, unexpected grace!
3. Great Spirit, make us wise,
doors of promise open wide.
Through evil's deadly lies
truth and goodness set aside,
faith never stands alone,
hope rolls away the stone,
love makes your presence known,
doors of promise open wide.
4. People of hope, be strong!
Love is making all things new.
Lift our united song,
show what faith can dream and do!
Come, Presence ever near,
revive us, year by year.
Sing through our joy and fear,
"Love is making all things new!"
quenching thirst in every land.

Collect for Purity

Celebrant Almighty God,
All **to you all hearts are open, all desires known,**
 and from you no secrets are hidden. Cleanse the thoughts of our hearts by
 the inspiration of your Holy Spirit, that we may perfectly love you,
 and worthily magnify your holy name; through Jesus Christ our Lord. Amen.

Gloria

Glory, in the Highest Glory

CP 366

1. Glory, in the highest glory,
Peace to all, in all their days.
Worship, thanks, and praise unceasing
To the Source of all we raise:
Reigning in the sapphire height,
Hidden from our mortal sight,
Now receive our adoration,
As we make our supplication.

2. Jesus Christ, the world's Redeemer,
Lamb of God, for sinners given,
Word eternal, born of Mary,
Word made of flesh, the face of heaven:
Holy one, to you we pray,
Hear us in the realms of day,
With the Spirit there united,
And the Godhead high exalted.

Collect of the Day

God of the dispossessed,
you teach us to hunger for justice even when the weak are shut out
and the powerful turn over in their beds: in the heat of our anger
and the bitterness of our complaints, give us courage to protest,
the persistence to pray and the heart to love; through Jesus Christ, the true
judge
Amen.

Please be seated

The Proclamation of the Word

1st Reading JEREMIAH 31:27-34

Reader A reading from the book of Lamentations Shawn de Raaf
The days are surely coming, says the Lord, when I will sow the house of Israel
and the house of Judah with the seed of humans and the seed of animals. And
just as I have watched over them to pluck up and break down, to overthrow,
destroy, and bring evil, so I will watch over them to build and to plant, says the
Lord. In those days they shall no longer say: "The parents have eaten sour
grapes, and the children's teeth are set on edge." But all shall die for their own

sins; the teeth of everyone who eats sour grapes shall be set on edge. The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt - a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Reader Hear what the spirit is saying to the church.

All **Thanks be to God.**

Psalm 119:97-104

Refrain

The words of the Lord are sweeter than honey.

Oh, how I love your law!
all the day long it is in my mind.
Your commandment has made me wiser than my enemies,
and it is always with me. **R.**

I have more understanding than all my teachers,
for your decrees are my study.
I am wiser than the elders,
because I observe your commandments. **R.**

I restrain my feet from every evil way,
that I may keep your word.
I do not shrink from your judgements,
because you yourself have taught me. **R.**

How sweet are your words to my taste!
they are sweeter than honey to my mouth.
Through your commandments I gain understanding;
therefore I hate every lying way. **R.**

2nd Reading

Reader

2 TIMOTHY 3:14-4:5

A reading from the Letter of Paul to Timothy

Liz Hodgson

As for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficieint, equipped for every good work. In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message; be persistent whether the time is favourable or unfavourable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths. As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

Reader

Hear what the spirit is saying to the church.

All

Thanks be to God.

Please rise as you are able

Gospel Acclamation Alleluia, Alleluia.

Gospel Reading LUKE 18:1-8

Reader The Lord be with you.

All

And also with you.

Reader

The Holy Gospel of our Lord Jesus Christ according to Luke

All

Glory to you, Lord Jesus Christ.

Then Jesus told them a parable about their need to pray always and not to lose heart. He said, "In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, 'Grant me justice against my opponent.' For a while he refused; but later he said to himself, 'Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.'" And the Lord said, "Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And yet, when the Son of Man

comes, will he find faith on earth?"

Reader The Gospel of Christ.
All **Praise to you, Lord Jesus Christ.**
Gospel Acclamation **Alleluia, Alleluia.**

Sermon The Rev Liz Hamel

Please rise as you are able

Nicene Creed

Celebrant Let us confess our faith, as we say,
All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.

Through him all things were made.

For us and for our salvation.

he came down from heaven:

by the power of the Holy Spirit

**he became incarnate from the Virgin Mary,
and was made human.**

For our sake he was crucified

under Pontius Pilate;

he suffered death and was buried.

On the third day he rose

in accordance with the so

he ascended into heaven

and is seated at the right

He will come again in glory

to judge the living and the dead.

and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the prophets.
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Sue Greenstreet

Please stand, sit or kneel as is your custom for prayer

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners and invites us to this table.
Let us confess our sins, confident in God's forgiveness.

The Silence is kept

Celebrant Most merciful God,
All We confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone. We have not
loved you with our whole heart; we have not loved our neighbours as
ourselves. We are truly sorry and we humbly repent. For the sake of your
Son Jesus Christ, have mercy on us and forgive us, that we may delight in
your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness, and keep you in eternal life;
through Jesus Christ our Lord.

All Amen.

Please rise

The Peace

Celebrant The peace of the Lord be always with you.

All

And also with you.

Offertory Hymn The Living God Be Praised

CP 348

1. The living God be praised!
Give honour to God's name,
who was, and is, and is to be,
for aye the same;
the one eternal God
ere all that now appears,
the First, the Last, beyond all thought
God's timeless years!

2. Without a form is God,
nor can we comprehend
the measure of God's love for us
without an end.
For God is Lord of all,
creation speaks God's praise;
the human race and all that lives
God's will obeys.

3. God's Spirit floweth free,
high surging where it will;
in prophet's word God spoke of old
and speaketh still.
Established is God's law
and changeless it shall stand,
Inscribed upon the human heart
in every land.

4. Eternal life hath God
implanted in the soul;
God's love shall be our strength and stay
while ages roll.
The living one be praised!
Give honour to God's name,
who was, and is, and is to be,
for aye the same.

Prayer over the Gifts

Celebrant Eternal God,
 your word inspires our faith.
 May we who offer you our praise
 trust you in all things.
 We ask this in the name of Jesus Christ the Lord.

The Great Thanksgiving

Celebrant The Lord be with you.
All **And also with you.**
Celebrant Lift up your hearts.
All **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Celebrant We give you thanks and praise, almighty God,
 through your beloved Son, Jesus Christ,
 our Saviour and Redeemer. He is your living Word,
 through whom you have created all things.

By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.
He lived and died as one of us,
to reconcile us to you,
the God and Father of all.

In fulfilment of your will
he stretched out his hands in suffering,
to bring release to those who place their hope in you;
and so he won for you a holy people.

He chose to bear our griefs and sorrows,
and to give up his life on the cross,
that he might shatter the chains of evil and death,
and banish the darkness of sin and despair.

By his resurrection
he brings us into the light of your presence.
Now with all creation we raise our voices

to proclaim the glory of your name.

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant

Holy and gracious God,
accept our praise,
through your Son our Saviour Jesus Christ;
who on the night he was handed over
to suffering and death,
took bread and gave you thanks,
saying, “Take, and eat:
this is my body which is broken for you.”
In the same way he took the cup,
saying, “This is my blood which is shed for you.
When you do this, you do it in memory of me.”

Remembering, therefore, his death and resurrection
we offer you this bread and this cup,
giving thanks that you have made us worthy
to stand in your presence and serve you.

We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory
through your Servant, Jesus Christ.

All honor and glory are yours, Creator, Christ and Spirit, now and forever.
Amen.

The Lord's Prayer (spoken)

Celebrant As our Saviour taught us, let us pray,
All **Our Father in heaven,**
 hallowed be your name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

The Breaking of the Bread

Celebrant I am the bread which has come down from heaven," says the Lord
All **Give us this bread forever.**
Celebrant "I am the vine, you are the branches."
All **May we dwell in him, as he lives in us.**

The Communion

Celebrant The gifts of God for the people of God
All **Thanks be to God**

Spiritual Communion

With those who are unable to receive the Eucharist at this time, remember these words of Jesus from the gospel of John: "I am the bread of life. Whoever comes to me will never be hungry, whoever believes in me will never thirst". In Union with the body of Christ in every time and place, we pray:

Come into my heart O Christ.
There is room in my heart for you. Amen.

Lamb of God

CP 745

Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace, grant us peace.

Communion Hymn Be Thou My Vision

CP 505

1. Be thou my Vision, O Lord of my heart;
Naught be all else to me, save that Thou art -
Thou my best thought, by day or by night,
Waking or sleeping, Thy presence my light.
2. Be thou my Wisdom, and Thou my true Word;
I ever with Thee and Thou with me, Lord;
Thou my great Father, I Thy true son,
Thou in me dwelling, and I with Thee one.
3. Riches I heed not, nor man's empty praise,
Thou mine inheritance, now and always;
Thou and Thou only, first in my heart,
High King of heaven, my treasure Thou art.
4. High King of heaven, my victory won,
May I reach heaven's joys, bright heaven's Sun!
Heart of my own heart, whatever befall,
Still be my Vision, O Ruler of all.

Prayer after Communion

Celebrant God of peace,
you have nourished us in this sacrament
with the body and blood of Christ.
May we who have taken holy things
keep faith in our hearts and lives,
in the name of Jesus Christ the Lord.

Doxology

Celebrant Glory to God,
**whose power, working in us, can do infinitely more than we can ask or
imagine. Glory to God from generation to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

Please be seated

Announcements

Please rise as you are able

Blessing

Closing Hymn Lord, Your Word Shall Guide Us CP 561

1. Lord your word shall guide us and with truth provide us: teach us to receive it and with joy believe it.
 2. When our foes are near us, Then your word shall cheer us — word of consolation, message of salvation.
 3. When the storms distress us and dark clouds oppress us, then your word protects us and its light directs us.
 4. Who can tell the pleasure, who recount the treasure by your word imparted to the simple-hearted?
 5. Word of mercy, giving courage to the living; word of life, supplying comfort to the dying.
 6. O that we discerning its most holy learning, Lord, may love and fear you — evermore be near you!

Dismissal

Celebrant Go in peace and love to serve God.

All **Thanks be to God.**

Notices

Neighbourhood Ministry Shopping List for this Week

Please put these items on your weekly shopping list for our ministry to neighbours in need. The full list of staples for the packets includes:

- Boost/Ensure
- Juice boxes
- Cans of tuna/salmon with pull-back tabs
- Fruit or pudding cups
- Soft granola bars - nut and raisin free
- Socks (new)
- Men's underwear, size M (new)

Please Volunteer for Coffee Hour

Thank you for signing up for Coffee Hour. This warm ministry is made possible by volunteers like you, and anyone may volunteer!!

Tea time at St Helen's

Thursdays 1:30pm

Tea, cookies, board games, conversation, community. All ages welcome!

About Us

We are an inclusive Christian church, rooted in the Anglican tradition. On Sundays we gather to worship God through prayer and music. We actively serve our neighbours, especially the homeless, underhoused, and marginalized.

We acknowledge that we gather on the traditional, ancestral, and unceded land of the Musqueam, Squamish, and Tsleil-Waututh nations. As part of the Anglican Church of Canada, a church of settlers and first nations, we commit ourselves to a journey of truth and reconciliation between the indigenous peoples of this land and the non-native peoples of Canada

Whoever you are, you are welcome here.

St. Helen's Directory

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We are the Anglican Diocese of New Westminster, a regional expression of the Anglican Church of Canada in the Sunshine Coast, Lower Mainland and Fraser Valley consisting of 66 parishes and 3 worshipping communities.



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